



**PE Curriculum Rolling Programme Overview**

PE skills are not on a rolling programme as the same areas of PE are covered each year but with a progression of skills and differing year group expectations.

	<b><u>Autumn 1</u></b>	<b><u>Autumn 2</u></b>	<b><u>Spring 1</u></b>	<b><u>Spring 2</u></b>	<b><u>Summer 1</u></b>	<b><u>Summer 2</u></b>
<b>EYFS</b>	Gymnastics – Body Parts <i>Where is your head, shoulders, knees and toes?</i>  Walk, run, jump. <i>How can you move?</i>	Gymnastics – High, low, over, under <i>Can you travel?</i>  Jump, skip, hop <i>Can you move in the air?</i>	Dance - <i>What do you do when the music plays?</i>  Dance <i>What is a beat?</i>	Ball skills – Hands - <i>What can you do with a ball</i>  Chasing and Evasion <i>What is a good space?</i>	Ball skills – Feet. <i>Can you kick it</i>  Outdoor & Adventurous – Problem Solving <i>What is a problem?</i>	Team games <i>How do you work together?</i>
<b>Year 1/2</b>	Invasion games	Gymnastics	Dance	Net and wall games	Striking and fielding	Athletics and Outdoor & Adventurous
<b>Year 3/4</b>	Invasion games	Gymnastics	Dance	Net and wall games	Striking and fielding Year 4 - Swimming	Athletics and Outdoor & Adventurous  Year 4 - Swimming
<b>Year 5</b>	Invasion games  Swimming	Gymnastics  Swimming	Dance  Swimming	Net and wall games  Swimming	Striking and fielding  Swimming	Athletics and Outdoor & Adventurous Swimming
<b>Year 6</b>	Invasion games Swimming	Gymnastics Swimming	Dance Swimming	Net and wall games Swimming	Striking and fielding games	Athletics and Outdoor & Adventurous

